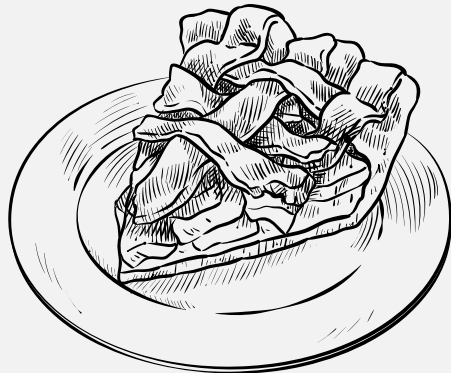




MENU

PIES AND QUICHES

- Chicken pies (4 or 8 inches)
- Salmon pie (4 or 8 inches)
- Mexican pie
- Pork-veal pie
- Lake pie
- Ham quiche
- Tomato quiche
- Broccoli quiche
- Spinach quiche
- Saguenay meat pie
- Beef meat pie (4 or 8 inches)



PASTA

- Fettucine lobster and shrimp bisque
- Sole fillet, fettucine with green pesto
- Tuna casserole served with egg noodles
- Shrimp Pad Thai with lightly spicy sauce
- Seafood curls
- Seafood shells
- Spinach cannelloni with rosé sauce
- Meat cannelloni with tomato sauce
- Chicken fettucine with Alfredo sauce
- Traditional lasagna
- Vegetarian lasagna
- Three-cheese and tomato sauce lasagna
- Smoked meat lasagna
- Macaroni and cheese with ham
- Chinese macaroni
- Chinese chicken spaghetti
- Meat macaroni

PORK

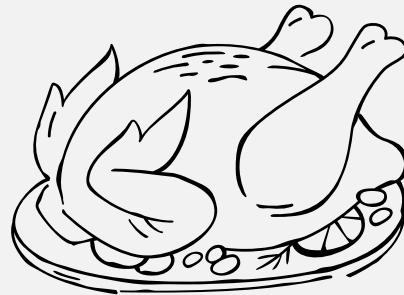
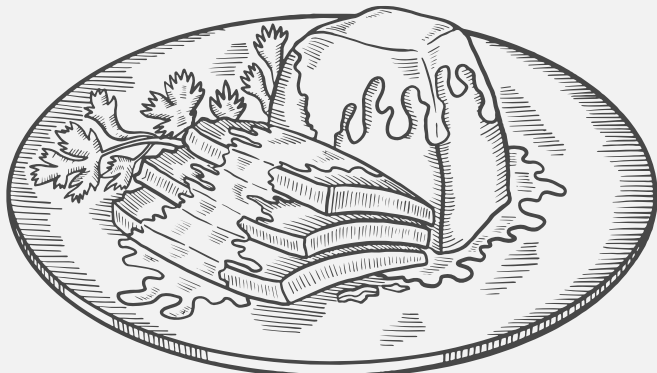
- BBQ pork chops served with mashed potatoes
- Maple-glazed bone-in ham served with mashed potatoes and carrots
- Pineapple-glazed bone-in ham served with mashed potatoes and carrots
- Garlic sauce pork roast served with mashed potatoes and vegetables
- Sweet and sour meatballs served on Chinese noodles
- Pork osso buco served with rice
- Stew of meatballs and cubed potatoes
- Pork roast with vegetables and Catalina sauce
- Pork sauté with mushroom sauce served on egg noodles
- Pork fillet, tomatoes, and goat cheese on basmati rice and vegetables
- Pork rosettes and gratin dauphinois
- Potato casserole with ham and cheese sauce



MENU

BEEF

- Beef bourguignon
- Teriyaki beef served over rice
- Classic chili
- Market-style sliced beef served on Chinese noodles
- Sweet BBQ sauce beef sauté
- Ketchup meatballs served with mashed potatoes
- Porcupine meatballs served with vermicelli
- Chop suey
- Hamburger steak served with mashed potatoes
- Meatloaf served with mashed potatoes and carrots
- Shepherd's pie
- Roast beef served with mashed potatoes and broccoli
- Chuck roast served with vegetables
- Lake meat pie
- Pepper steak with peppers and pasta
- Veal Stroganoff
- Mexican rice
- Peppered steak slices on egg noodles



CHICKEN

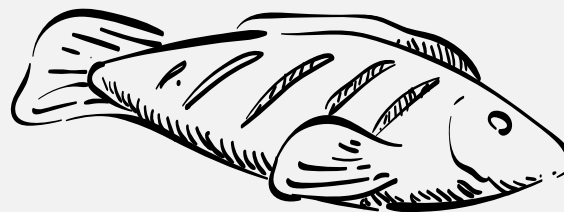
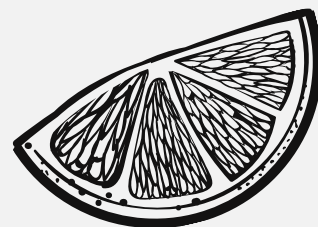
- Chicken divan (Rotini, chicken cubes, vegetables, cheese, and white sauce)
- Chicken meatloaf served with vegetables and mashed potatoes
- Gratinated Italian-style chicken cutlet served with rice and broccoli
- Chicken cacciatore served with mashed potatoes
- Pizza-style chicken breast served with penne and tomato sauce
- Chicken chow mein
- Chicken cordon-bleu served with rice and vegetables (Chicken cutlet, ham, and cheese)
- Ginger chicken served with rice
- Slightly spicy chicken Pad Thai
- Teriyaki chicken served with rice
- Turkey served with mashed potatoes and carrots
- Chicken roulade served with chef's potatoes and vegetables
- Chicken fried rice (with or without egg roll)
- Chicken supreme with pepper sauce served with mashed potatoes
- Vol-au-vent meal
- Pork stew served on pilaf rice and vegetables
- Chinese chicken spaghetti
- Coriander meatballs served on basmati rice
- Provençal chicken on vegetable couscous



MENU

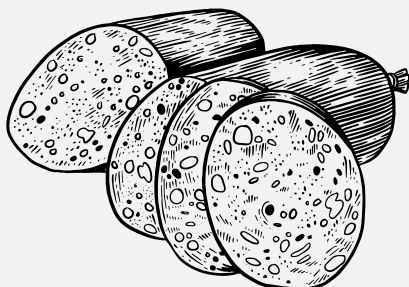
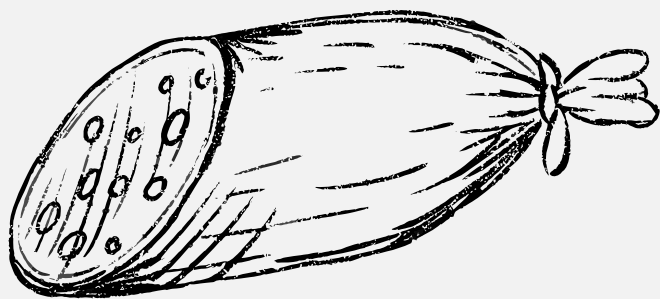
FISH

- Lobster and shrimp fettuccine bisque
- Sole fillet, fettuccine with green pesto
- Cod with hollandaise sauce served over rice
- Tuna casserole served with egg noodles
- Garlic rice and shrimp
- Shrimp Pad Thai with lightly spicy sauce
- Coconut lime cod served over rice
- Seafood curls
- Seafood shells
- Dijon salmon served on pilaf rice and broccoli
- Grilled shrimp on pesto rice



SAUSAGES

- Tomato pesto curls with homemade Italian sausages
- Cheese-stuffed homemade Italian sausage meatballs served with rice and grilled vegetables
- Pork and beef sausages, brown sauce served with mashed potatoes
- Sausage meal served with chef's potatoes and vegetables
- Homemade Italian sausage rotini
- Moroccan couscous, homemade merguez sausage, chicken cubes, and vegetables
- Maple sausages meal served with chef's baby potatoes
- Penne with rosé sauce, homemade Italian sausages, and broccoli

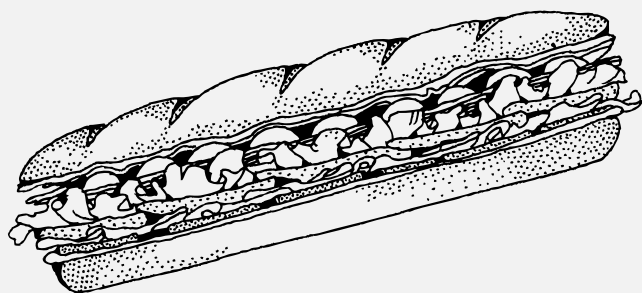
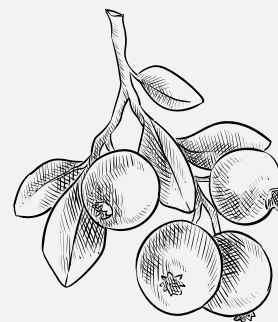
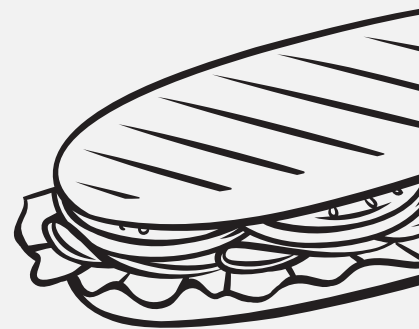




MENU

SANDWICHS

- Elegant croissant
- Naan bread pizza
- Croque madame
- Croque monsieur
- Simulated chicken sandwich
- Turkey bacon baguette
- Ham and brie baguette
- Ham and salsa baguette
- Ham lunch box
- Chicken lunch box
- Egg lunch box
- Chic Italian sandwich
- Market ciabatta
- Chicken croissant
- Ham bone sandwich
- Salmon bagel
- Smoked meat sandwich
- Vegetable country-style sandwich
- Turkey, brie, and cranberry baguette
- The "Petite fringale"
- Ham and turkey croissant
- Kaiser roll
- Artisan chicken sandwich
- Provençal sandwich
- Bologna sandwich
- Ham sandwich
- Chicken sandwich
- Egg sandwich
- Roast pork sandwich
- Italian submarine
- Pizza submarine
- Regular submarine
- Tuna ciabatta
- BLT croissant
- Market baguette

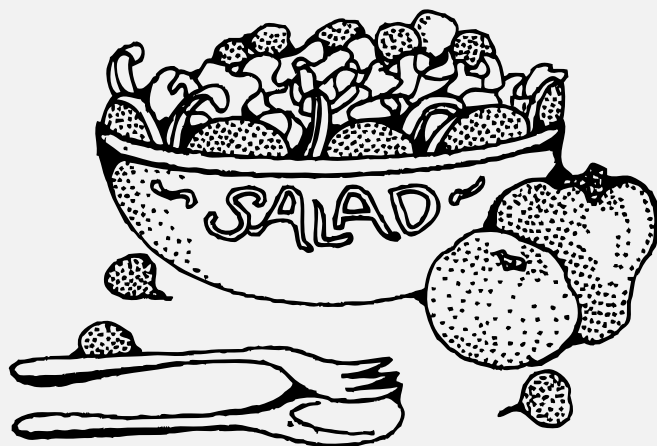




MENU

PITAS

- 3-meat pita
- Turkey pita
- Breakfast pita
- Spicy beef pita
- Chopped ham pita
- Chicken pita
- Tofu pita
- Egg pita
- Caesar pita
- Pizza pita
- Spicy chicken pita
- Tacos pita
- Imitation crab pita
- Tuna and sun-dried tomatoes pita
- Greek veggie pita
- Thai chicken pita



VEGETARIAN

- Marinara penne
- Three-cheese lasagna
- Vegetarian lasagna
- Vegetarian chop suey
- Spinach, cheese, and rosé sauce cannelloni

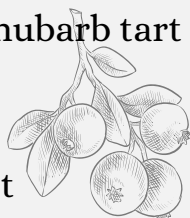
SALADS

- Dill loop salad
- Caesar salad
- Chicken Caesar salad
- Spinach salad
- Broccoli and feta salad
- Cabbage salad
- Couscous salad
- Imitation crab salad
- Macaroni salad
- Potato salad
- Greek pasta salad
- Pasta and ham salad
- Arugula, goat cheese, and cranberry salad
- Chef's salad
- Carrot salad
- Chic Greek salad
- Mediterranean salad
- Spicy chicken salad
- Bocconcini salad
- Quinoa salad
- Dill loop salad (repeated)
- Beet salad
- Garden salad

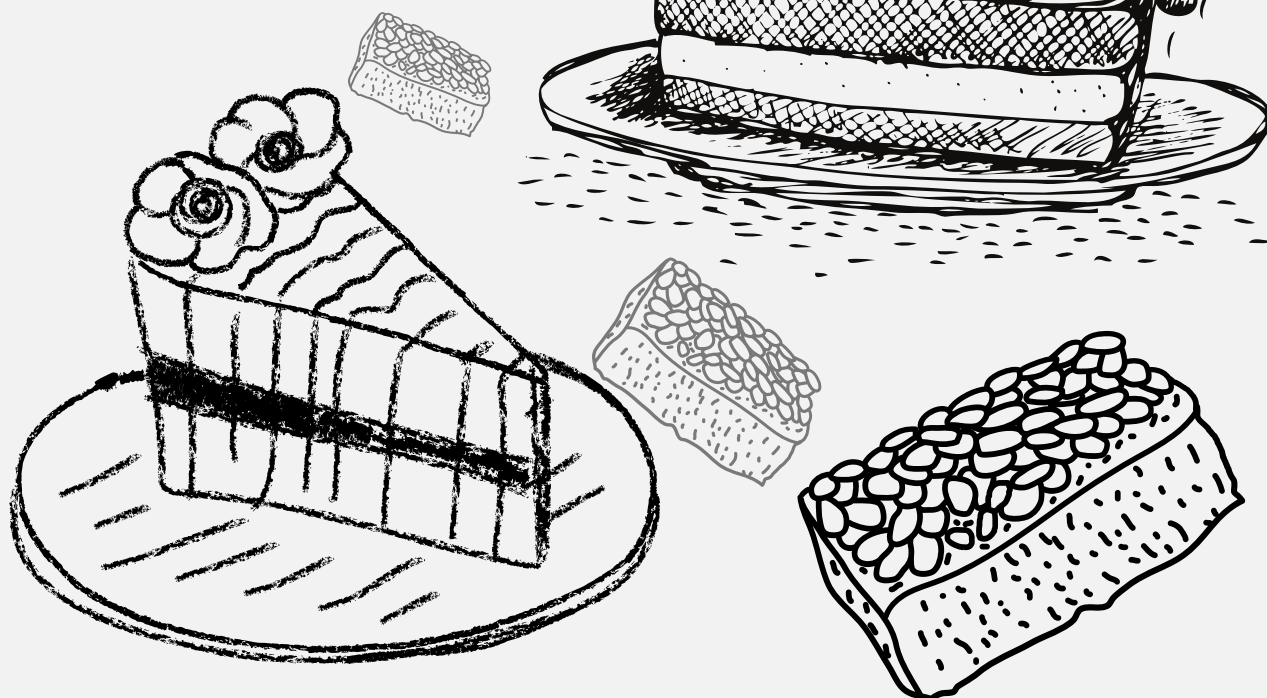
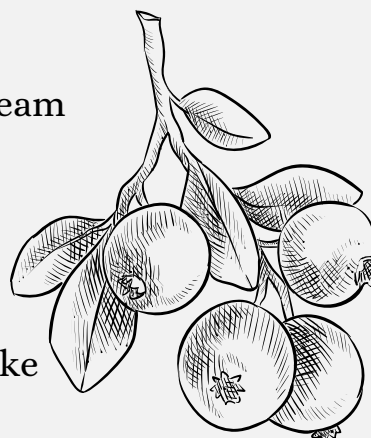
MENU

DESSERTS & FRUITS

- 4-fruit tart
- Strawberry-rhubarb tart
- Raisin tart
- Apple tart
- Raspberry tart
- Strawberry tart
- Cherry tart
- Blueberry tart
- Sugar tart
- Cheesecake
- Carrot cake
- Chocolate-banana cake
- Queen Elizabeth cake
- Sugar cream cake

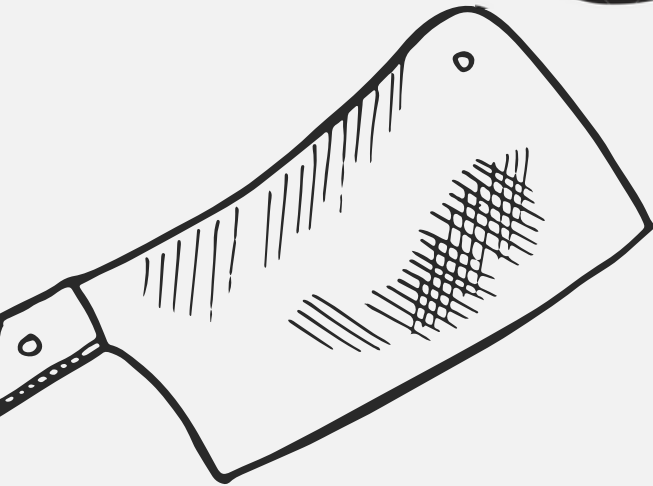


- Homemade sugar cream
- Homemade caramel
- Brownies
- Date square
- Fruit square
- Whole "Chômeur" cake
- Apple crumble



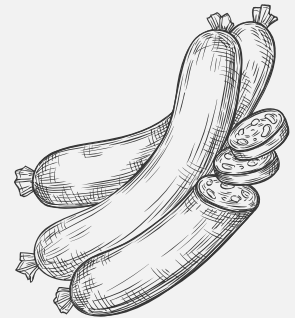
BEEF

- Beef flank steak
- Roast beef
- Chuck roast
- French steaks
- Ground beef
- Butterfly chop



PORK

- Pork chop
- Pork tenderloin
- Pork roast
- Butterfly pork chop
- Boneless ham
- Breakfast sausage
- Spare ribs
- Ground pork



CHICKEN

- Chicken thighs
- Grain-fed chicken
- Chicken breast
- Boneless chicken breast
- Turkey
- Turkey breast

